

PAOLA CONTU

Personal data: Born in Cagliari on 02/20/1960, now living at via E. Bona 4, Biella

EDUCATION

From 1989 to 1992 she attended the school for massotherapists at the Mauriziano Hospital of Turin and at the Biella Hospital. On 06/05/1992 she received her diploma entitling the holder to practice as a massotherapist, issued from the Turin branch of the Italian Red Cross, on the authority of the Regional Council.

She has studied reflexology at the Reflexology Centre of Florence.

She began attending the basic course and specialisation in Dr. Vodder's "Originalmethode" of Manual Lymphatic Drainage at the AIDMOV Milan in 1992, obtaining the relevant certificate.

Since 1995 she has been assistant to Dr. Denisa Giardini, AIDMOV President.

In 1999 she was conferred the authority to teach the method to physiotherapists and paramedics from AIDMOV

In recent years she has regularly attended refresher courses for AIDMOV teachers of Dr. Vodder's "Originalmethode" at the AIDMOV headquarters in Lausanne (CH).

PROFESSIONAL EXPERIENCE

From 1992 to 1995 she worked as a massotherapist at the Biellese Specialist Physiokinetic Therapy Centre in Biella.

Since 1996 she has been a practising massotherapist at her own studio in Biella, in via Vialardi Verrone, No. 9.

Since 1999, as an AIDMOV authorised teacher, she has conducted training sessions on Dr. Vodder's "Originalmethode" during special seminars.

From 19th to 20th May 2006 she participated in the "3rd National Congress of Lymphology Oncology" at the National Institute for the Study and Treatment of Tumors in Milan.

From 14th to 16th October 2006 she participated as a speaker at the conference entitled: "Edema Today: Pathophysiology, Clinical and Therapeutic" - SIMFER National Professional Development Course - Torette Hospital Auditorium, Ancona.

From 2007 to 2011 she regularly participated in conferences and meetings with a common subject matter of the pathology of lymphedema, rendering her expertise, derived from not only serious preparation but also her every day experience as part of her professional activities, available to those present .

From 4th to 5th March 2011 she participated in the 1st Regional Conference of Hemodynamic and Integrated Phlebology in Palermo as speaker for AIDMOV (International Association of Dr. Vodder's "Originalmethode" of Manual Lymphatic Drainage).